**Terms and Conditions**

Please read carefully and sign and return either by email or at our first appointment.

1. Confidentiality

Your confidentiality is our upmost concern and with that we are ensuring that your information is kept private and securely. Please read our privacy policy.

We will share the assessment with your GP to ensure that the right people are aware however you have the right to object to any information being shared with your GP, if this is the case, please discuss this with us prior to the assessment to ensure we are aware and we can make a decision together whether we are going ahead with the assessment or not.

Any sharing of information to any third parties will of course be discussed with you and if you feel this is not appropriate then this will be respected. Please read additional information under “Safeguarding” which is published on the website.

You understand that while email may be used as a form of communication with me, that confidentiality of emails cannot be guaranteed due to complexities and abnormalities involved with the Internet, including, but not limited to, viruses, Trojans, worms, and other involuntary intrusions that have the ability to obtain and disseminate information you wish to keep private.

1. Preparation for the appointment:

As we have a fixed amount of time, it is best to email me any information that you might have about past medical history, past psychiatric history and previous medication or allergies. Any school letters or third-party information might also be helpful. This will ensure that we will be able to use the 90 minutes effectively and efficiently.

1. Payment

We accept private referrals and referrals from some insurance companies, WPA, Aviva and Vitality and Bupa.

Please make a payment at least 72 hours before the appointment and an invoice will be sent to you the week preceding the appointment. Please note that appointments which remain unpaid 24 hours prior to your appointment will be automatically cancelled and will need to be rescheduled.

The fees are subject to annual reviews in line with inflation and are published on the website.

Please pay via BACS to:

**Name of Bank: Mettle (Natwest)**

**Account name: Psychiatrist for Children**

**Account number: 44635310**

**Sort Code: 04-03-33**

1. Cancellations

We fully understand that life can be chaotic and as a consequence you sometimes have to cancel an appointment. Initial and follow up appointments cancelled within a minimum of 72 hours’ notice will be refunded in full. Cancellation with less than 72 hours have to be charged in full.

1. Late arrivals

If you arrive late, the appointment finishes at the time that was agreed during the booking, unfortunately it is not possible to extend the time of your appointment, as other patients will be booked in. The fee will remain the same despite arriving late and we might have to rebook for another appointment to finish the assessment.

1. Emails and telephone calls

We will normally recommend a further appointment after your consultation to review any medications and progress. If however you have further questions after your consultation that can be answered via e-mail or a brief phone call then of course you can contact us and we will do our best to answer these. If we feel your need is greater than this then a further appointment will be suggested. Once we have seen you, we will be able to provide you with an official letter within 7-14 days.

Requests for repeat scripts need to be sent in via email with necessary vitals such as a blood pressure and a pulse reading if needed. We will notify you if this is necessary.

If you would like to contact us, please email any time or phone within office hours, which currently is 9am-4pm Mondays and 9am-4pm Tuesdays. Please leave a message as we maybe busy with another patient but we will endeavour to call you back when possible.

1. Out of hours and emergency information

We do not provide Emergency Support.

In the event of a crisis and if you feel you need to see someone immediately please call 111 or 999 or attend your nearest Emergency Department.

When the patient is experiencing high risk to self or others it is important to seek a multidisciplinary team, which Psychiatrist for Children is not able to offer. We would advise you to discuss possible options with your GP and seek alternative support.

Other helpful numbers to be aware of:

Samaritans – 116123 or email – [jo@samaritans.org](mailto:jo@samaritans.org)

Childline – 0800 1111

Papyrus – [pat@papyrus-uk.org](mailto:pat@papyrus-uk.org), call 08000684141 text 07860039967

Signature: Date:

I confirm that I have read and understood the terms and conditions and agree with them. I have understood and agreed to the Privacy Policy and consent to my child’s information to be dealed with in this manner and for the purpose stated.